# SHORE EXCURSIONS 2023

CARIBBEAN TOURS & VACATIONS LTD

O

STARWARD



## **Kingston Art & Sightseeing**

#### 4 - 4.5 hours | Saturday, October 14 | 10: 30 AM Departure

Experience Kingston's vibrant art scene in just a few hours with this exciting half-day program. Begin your journey by exploring the National Gallery of Jamaica, where you'll discover the rich history and culture of the island through the works of its most renowned artists. Marvel at the Taino carvings, 18th-century landscapes, and sculptures by Edna Manley, John Dunkley, and Mallica "Kapo" Reynolds.

Next, take a stroll to downtown Kingston to admire the Waterlane Murals, a collection of vibrant and eclectic street art that showcases the dynamic nature of the city's art scene. See a variety of styles and themes painted on the walls, making it a great spot for some fantastic photo opportunities.



Catch a glimpse of the National Stadium and Heroes Circle, where statues of outstanding Jamaican track and field athletes stand tall and take a brief stop at National Heroes Park dedicated to Jamaica's seven national heroes.

- 30 mins. Transfer to the National Gallery of Jamaica
- 90 mins. Guided tour of the National Gallery
- 05 mins. Transfer to the Waterlane Murals
- 45 mins. Guided art walk to see Murals
- 20 mins. Sightseeing at National Stadium
- 20 mins Brief stop at National Heroes Park
- 30 mins. Return drive to the port

#### **NOTES:**

Comfortable walking shoes, lightweight clothing and a hat are recommended. Bring local currency or USD for personal purchases.

Min / Max: 10 / 50 participants Includes: Driver/Guide, Transportation, All Entry Fees Price: USD \$95

## **Trench Town Culture Yard & Bob Marley Museum**

#### 5. 5 - 6 hours | Saturday, October 14 | 10: 30 AM

Embark on a journey through the life and legacy of Jamaica's most celebrated musician on the Bob Marley Museum and Trench Town Culture Yard Tour. Learn about the people who supported and encouraged him, and the community of artists and musicians who surrounded him. Visit the room where he once lived and worked on his craft, and gain a deeper understanding of his journey to legendary.

Afterwards, enjoy an authentic Jamaican lunch at Kingston Jerk before heading to the Bob Marley Museum to explore the house where he later lived with his family. Marvel at the exhibits showcasing his life and career, including rare photographs, personal belongings, and memorabilia.

Your expert guide will provide insights into his music and philosophy, giving you a deeper understanding of



his impact on Jamaican and global culture. On this unforgettable tour, you will discover the roots of reggae music and the story of a legend who left a lasting impression on the world.

- 30 mins. Transfer from the port to Trench Town Culture Yard
- 60 mins. Guided tour of Trench Town Culture Yard
- 90 mins. Lunch at Kingston Jerk
- 20 mins. Transfer from Trench Town Culture Yard to the Bob Marley Museum
- 90 mins. Guided tour of the Bob Marley Museum
- 30 mins. Return to the port

#### **NOTES:**

Comfortable walking shoes, lightweight clothing and a hat are recommended. Bring local currency or USD for personal purchases.

Min / Max: 10 / 150 participants Includes: Driver/Guide, Transportation, All Entry Fees and Lunch Price: USD \$130

## **Craighton Estate Blue Mountain Coffee Tour with Lunch**

#### 5 - 5.5 hours | Saturday, October 14 | 10: 30 AM

Venture out to the highlands of Jamaica and discover why Blue Mountain coffee beans are ranked among the finest in the world. The region's rich volcanic soil and cool temperatures make for a slower growing period, something experts believe results in a smoother, slightly sweet brew.

Visit the Craighton Estate and learn all about coffee production, its history here in Jamaica, and the unique qualities of Blue Mountain beans during a guided tour of the property and the great house. Walk around a coffee farm with spectacular views and savor a tasty Jamaican lunch at a mountainside restaurant, where you can relax and take in the breathtaking scenery.

Leave the island with knowledge of Jamaica's rich coffee culture and see for yourself why this coffee is so highly regarded around the world.



- 60 mins. Scenic drive from the port to Craighton Estate
- 90 mins. Guided tour of the coffee plantation and great house
- 20 mins. Transfer to Eits Cafe for lunch
- 90 mins. Enjoy a delicious Jamaican lunch
- 60 mins. Return to the port

#### **NOTES:**

Comfortable walking shoes and lightweight clothing are recommended. Please contact us in advance should you have any dietary restrictions or food allergies. Bring local currency or USD for personal purchases.

Min / Max: 10 / 75 participants Includes: Driver/Guide, Transportation, All Entry Fees, Lunch Price: USD \$120

#### Kingston Nightlife Experience 3.5 - 4 hours | Saturday, October 14 | 8: 00 PM

Join us for an exciting tour of Kingston's vibrant nightlife and entertainment scene. We'll start the evening off at Di Lot, an innovative multi-purpose entertainment venue conceptualized by local photographer and artist Craig Phang Sang. This outdoor center encapsulates art, food, drink, and entertainment all in one space, with a deliberate rustic-chic and environmentally conscious theme. Grab a meal or drink while vibing to the music and observing creative artworks.

Afterward, head over to Jangas Soundbar & Grill, a popular venue with live music, DJ sets, and a spacious dance floor. Enjoy the lively and energetic atmosphere, surrounded by a diverse crowd of locals and visitors alike. Sip on a refreshing cocktail or local beer at the bar while taking in the music and dancing the night away.



- 30 mins. Transfer to Di Lot
- 90 mins. Grab a meal or drink while observing creative artworks
- 15 mins. Transfer to Jangas Soundbar & Grill
- 90 mins. Enjoy a local beer and dance to the music
- 15 mins. Transfer to port

#### NOTES:

Casual chic attire is recommended, with comfortable shoes for dancing and walking. Bring local currency or USD for personal purchases. Alcoholic beverages are not included.

Min / Max: 10 / 50 participants Includes: Driver/Guide, Transportation, Entry Fees Price: USD \$90

# **OCHO RIOS, JAMAICA**

## Green Grotto Caves And Dunn's River Falls with Lunch 8 - 8.5 hours | Sunday, October 15 | 9: 30 AM

Join us on this captivating tour that explores the natural wonders and cultural heritage of Jamaica. Begin by visiting the Green Grotto Caves, where you'll be guided through the ancient caverns by knowledgeable guides. Marvel at the fascinating limestone formations and learn about their historical significance. After the cave exploration, head to Dunn's River Falls, where you'll be greeted with a delightful lunch upon arrival. Savor the flavors of authentic Jamaican cuisine while taking in the breathtaking views of the falls and surrounding tropical beauty. Get ready for an adventure as you climb the terraced cascades of Dunn's River Falls, immersing yourself in its natural splendor.



- 90 mins. Scenic drive to Ocho Rios
- 90 mins. Visit the Green Grotto Caves
- 35 mins. Transfer to Dunn's River Falls
- 90 mins. Lunch on arrival at Dunn's River
- 90 mins. Climb Dunn's River Falls and relax on the beach
- 90 mins. Return to the dock in Kingston

#### **NOTES:**

Water Shoes, a swimsuit, a towel, lightweight clothing and sunscreen are recommended. Please contact us in advance should you have any dietary restrictions or food allergies. Bring local currency or USD for personal purchases. Drivers license is required for ATV tours.

Min / Max: 15 / 200 participants Includes: Driver/Guide, Transportation, Entry Fees, Lunch Price: USD \$140

# **PORT ANTONIO, JAMAICA**

## Rio Grande Rafting with Lunch & Frenchman's Cove Beach 8 - 8.5 hours | Sunday, October 15 | 9: 30 AM

Experience the best of Jamaica's natural beauty and culinary delights on this full day program to Portland, Jamaica. Our journey begins with a scenic drive along the coastline, passing over the Blue Mountains to quaint seaside towns and breathtaking vistas of the Caribbean Sea. Upon arrival in Port Antonio, we'll embark on a 3-hour Rio Grande Rafting trip, where you'll float downstream on a bamboo raft through lush rainforests, surrounded by stunning mountain views. Your raft captain will regale you with tales of the history and culture of the area, as you soak up the serenity of the river. Break halfway through the journey, for a delicious lunch at Belinda's Riverside Hut, where you'll savor an authentic Jamaican dish made with fresh. local ingredients and have a cool Red Stripe beer or drink.



After lunch, we'll head to the iconic Frenchman's Cove Beach, where you'll have the opportunity to swim in the crystal-clear waters of the Caribbean Sea and relax on the soft white sand. Nestled in a protected cove, this secluded beach is renowned for its beauty and tranquility. You can also take a stroll through the tropical gardens and explore the lush vegetation of the surrounding hills.

- 120 mins. Scenic drive to the Berrydale community in Portland
- 60 mins. Board the bamboo raft and start your 3-hour rafting trip.
- 60 mins. Stop off at Belinda's Riverside Hut for a delicious Jamaican lunch
- 60 mins. Continue your rafting trip and end at Rafter's Rest
- 45 mins. Transfer to Frenchman's Cove Beach
- 60 mins Enjoy the beach and freshwater stream at Frenchman's Cove
- 120 mins Return to the dock in Kingston

#### NOTES:

Water shoes, a swimsuit, a towel, lightweight clothing and sunscreen are recommended. Please contact us in advance should you have any dietary restrictions or food allergies. Bring local currency or USD for personal purchases.

Min / Max: 15 / 75 participants Includes: Driver/Guide, Transportation, All Entry Fees, Lunch Price: USD \$180



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